

CONTEMPLATIVE MYSTIC HEALER



Brother Oscar Joseph,
OCCO



*Welcoming you to a path of healing
and spiritual depth through:*

- Healing Services
- Retreats
- Seminars
- Spiritual Direction
- Individual Counseling

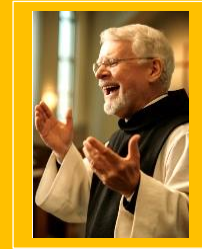
✉ AbbotPrays@aol.com

🌐 AbbotOscarJoseph.com

BROTHER OSCAR JOSEPH, OCCO



- Brother Oscar Joseph, OCCO, M.S., Ph.D., DST
- Can help you and your community.
- Email him: abbot@bellsouth.net
- More information:
- www.AbbotOscarJoseph.com
- Winston-Salem, North Carolina



Healing Services

Personal healings

I have had heart trouble since 1979, and I have been under a doctor's care. I was scheduled to have a heart operation due to two closed heart valves. Two days before I was due to go to the hospital, I had a healing, which opened the valves. I no longer needed the operation. _____

You have helped me find the way to the Lord's house in my heart and also my family. I needed this help for a long time. _____

I'm feeling better all the way around. More at peace and the feeling that I am really being healed! Since you prayed over me, I have felt stronger, not consistently tired. So, praise God for the miracle that was brought to me through His presence in you. _____

Bill has not had a drink since that time. There is a new sense of peace and joy in our household that we have never felt before. _____

Retreats

Seminars

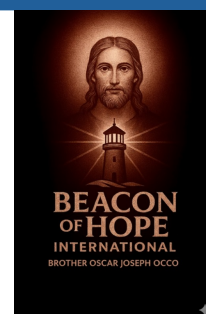
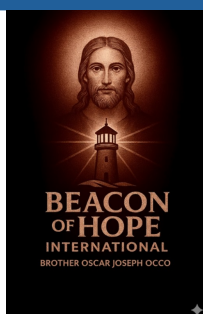
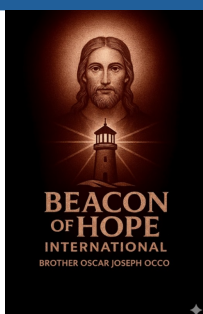
Spiritual Direction

Thank you for opening up a whole new vista of Christian Living to me thru this "Mini-Prayer Retreat." It has been huge not "mini" to me. _____

Thank you very much for answering the call of God to conduct a class here at this time. Thank you for the wealth of information and the love and caring you have given each of us. I have felt special all the way through these past six weeks. I only hope to be in class with you again in the future. _____

Thank you very much for answering the call of God to conduct a class here at this time. Thank you for the wealth of information and the love and caring you have given each of us. I have felt special all the way through these past six weeks. I only hope to be in class with you again in the future. _____

We are so grateful for the wisdom, knowledge, inspiration and guidance that the Abbot provides for this journey which leads by God's grace and forgiveness, to an ultimate destination of personal growth, peace and eternal life. _____





Brother Oscar Joseph, OCCOO life is a testament to faith in action, pastoral wisdom, and compassionate service.

Known by many as Abbot Oscar Joseph, has excelled as chaplain, bishop, pastor, abbot, seminary president, and spiritual guide, offering not only leadership but presence and care across many communities.

Ordained as a priest in 1993, Brother Oscar Joseph, OCCO has not only officiated at worship and sacramental moments but has also invested deeply in the training of future caregivers and hospice volunteers.

His gifts in bereavement counseling—both individually and in groups—are matched by his calm discernment and disciplined, intuitive decision-making. In all his leadership roles, he has provided comfort, guidance, and hope.

Brother Oscar Joseph, OCCO, accomplishments extend to academia—with several advanced degrees and the honor of receiving the Excellence in Teaching Award at Davidson County Community College in 2007. His credentials as a certified sex therapist with UACCI, as well as active membership in the National Christian Counselors Association, reflect his wide-ranging commitment to education and healing.

Yet, beyond all titles and accolades, what stands at the heart of Brother Oscar Joseph, OCCO journey is his dedication to God's healing and reconciliation ministry. Having witnessed and been part of the healing of hundreds of bodies and souls, his deepest fulfillment comes from the profound encounters with God's presence—both in the quiet moments of mystical prayer and in the lives transformed through his service. For him, it is this ongoing relationship with God and participation in the ministry of healing and reconciliation that remain the most meaningful, shaping his every step and inspiring all who know him.

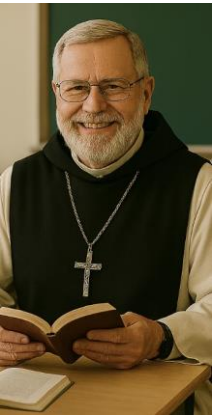
In every phase of his life—shepherd, counselor, teacher, healer Brother Oscar Joseph, OCCO exemplifies a vocation grounded in love, humility, and the desire to bring wholeness and hope to others.

His ministry is called, "The Beacon of Hope" that "sets the captives free."

The Most Rev. Oscar Joseph, OCCO, M.S., Ph.D., D.S.T.

Preferably known as Brother Oscar Joseph, OCCO Cistercian Contemplative.

What is a mystic, healer, monk (Cistercian Contemplative)



- A mystic is prayerfully intimate with God and frequently experiences extraordinary spiritual experiences.
- A healer is a servant utility who prays to the Holy Trinity for another's physical, mental, and/or spiritual healing. Brother Oscar Joseph has been doing this for over forty years.
- Members of the Cistercians of the Holy Cross are embedded icons, living sacramentals, who sustain, grace, and hold together the fiber of our communities.
- We live in and are influenced by the heretic nature of our culture. However, while clothed in our holy habits we become sacred icons.
- When people gaze upon us, they look into their hope and see reflected back the Source of all Hope. We become sacred signs, living sacramentals.
- The Pax of our contemplative lives provides the necessary stillness to speak without words.
- The rhythm of ora (Prayer) et labora (Work) and the earnestness of our vows are our martyr's cross.
- Persevere in prayer.
- Gratitude will open our souls to the unity of God, self, and others. Gratitude moves us from limitations and fear to expansion and love.
- Gentleness will lead others to God's eternal intent of true joy and freedom.

What is Benedictine/Cistercian Spirituality?



- Preferring nothing to the love of Christ.
- Joyfully accepting the blessing of obedience, practicing fraternal charity, progressing in the conversion of life and the practice of humility.
- Greater places of silence, peace, brotherhood, and ecumenical sensitivity.
- Authentic religious perfection.
- Witnesses of the theological virtue of hope.
- The search for God.
- Obsculta –" listen with the ears of your heart." We listen, trusting that God is there and that God will speak.
- Burning passion for God, discipline and discipleship.
- Spirit of hospitality.
- Contemplative silence.
- Faithfulness to our way of life as we live in charity and courage.

Brother Oscar Joseph, OCCO teaches on a number of important issues. His prefers teaching people how to set themselves free from emotional and spiritual blocks so they are better able to pray the Scriptures, Lectio Divina.

The exact content is determined by the group and its leader and how much time and days that are available. Brother Oscar Joseph, OCCO guide you on the best selection of topics.

His website has more information. www.AbbotOscarJoseph.com

He is best contacted via email. Abbot@bellsouth.net

The topics below have been well received:

Spiritual Practices

Prayer, Meditation, and Contemplation:

Exploring regular communication with God, scriptural meditation, and contemplative stillness as avenues for transformative spiritual experience

Pastoral and Healing Ministry

Guiding individuals in their personal spiritual journeys, helping them discern God's will and address doubts.

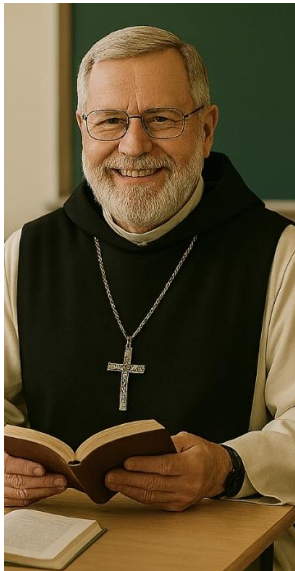
Healing Ministry: Teaching and practicing methods of spiritual and physical healing through prayer, laying on hands, and reliance on the Holy Spirit.

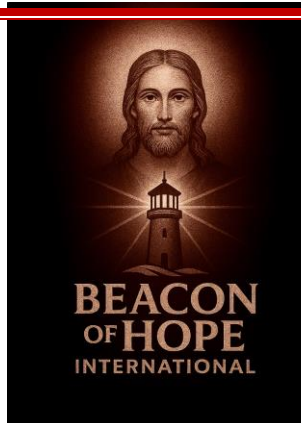
Personal Growth and Overcoming Barriers

Overcoming Fears and Misconceptions:

Addressing common misunderstandings about faith, helping foster a joyful and intimate relationship with God.

Living a Joy-Filled Life: Teaching methods and attitudes for cultivating joy, inner peace, and trust in God by letting go of fear and doubt.





Beacon of Hope International

Statement of Purpose & Mission

At *Beacon of Hope International*, we are devoted to guiding souls into deeper communion with God through the sacred journey of trust. We believe that learning to trust God is not merely a spiritual discipline—it is a transformative pilgrimage. It begins in surrender and unfolds through prayer, silence, and service. Trust is not passive; it is a courageous act of faith, a deliberate resting in divine providence even when the path ahead is veiled in mystery.

As we yield to God's rhythm, trust becomes the gateway to grace. It anchors us in peace, liberates us from captivity, and draws us into union with the Eternal. In this surrender, we become vessels of hope—living icons who reflect the light of Christ to a world longing for sacred presence.

We affirm that:

- **Trust in God** enables us to break through our captivity and become one with Him.
- **Gratitude** opens the soul to communion with God, self, and others—transcending fear and awakening love.
- **Gentleness** is the path to true joy and freedom, guiding others toward God's eternal intent.

Through these virtues, we seek to embody the mission of Beacon of Hope International: to radiate divine light, restore sacred identity, and lead others into the fullness of life found only in God.

How We Accomplish Our Mission

We accomplish our goals by building trust in God, forming people in spiritual identity, and serving others with compassion and clarity.